

# House preps with training exercise



Bailiffs subdue an attacker during one of Friday's scenarios.

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E-edition users, click this link to see a photo gallery from the exercise: [Tallahassee.com/security](http://Tallahassee.com/security)

grunted man charged with domestic violence overpower a bailiff, take his gun and open fire in the courtroom. The exercise used blank rounds, but the realistic gunfire elicited more than one scream from the crowd. The gunman was portrayed by Marc Graves, who works with the sheriff's office.

"Scenario-based training is important, especially for peo-

ple who don't do it all the time," Graves said. "I think it's going to bring awareness to the situation here with what can go on and what can happen in a courtroom so fast."

The second scenario was a surprise for the participants. Graves participated in this scenario, but served as a decoy.

The real threat was from a woman negotiating a plea with her attorney. Frustrated with her deal, she stabbed her lawyer with a pen before court officers could subdue her with a Taser.

Participants were debriefed after each scenario. Baxter commended everyone for immediately seeking cover once the danger presented itself. Questions about jury safety and personal actions were raised by Circuit Judge Jackie Fulford.

"For some of us, that would be unrealistic, just taking cover," Fulford said. "As the judge, I feel like the people in this courtroom are my responsibility. Additional training that they're going to provide for us as to how to protect those people will be even more important."

Baxter acknowledged that it's impossible to plan for everything, but said he hopes training sessions like Friday's will adequately prepare the courthouse staff for the threat of violence.

## ng, corruption charges in Wakulla

*ett Mizell Revell, 24, and  
ew Travis Carter, 29, both of  
fordville, are now facing RICO  
ges in connection with an  
nized crime operation that was  
en up in April following the  
ce of a search warrant at the  
s of the two men.*

presenting the case to  
Attorney's Office,  
ors demonstrated a  
organized criminal  
that qualified for  
under the RICO  
Harvey said.  
and Carter have

been in the Wakulla County Jail since April 23 and April 19, respectively. Revell faces 23 charges in connection and is being held on a \$212,750 bond. Carter faces nine charges and is being held on a \$106,000 bond.

Search warrants were served at the homes of the two men in April and members of the WCSO Criminal Investigations Division discovered more than \$60,000 worth of property at the two homes. Some of the property found at the Carter home was stolen from the same locations as stolen property discovered at Revell's home.

Detectives connected Revell to an arson case involving a vehicle in Crawfordville and a burglary in the St. Teresa area of Franklin County. They were also able to connect Carter and Revell to a theft of an ATV from a Crawfordville area hunt camp.

ful cars.

"A Bugatti, that's my dream car right now," Ray said. "I learned a lot that I didn't know about life and jobs and stuff like that."

Leon County Commission Chairman John Dailey made the opening remarks for the Project SEARCH graduation, which he said allows students to be one step closer to those kinds of dreams.

"I think it speaks very

ningham said. "We wanted to be able to give the students job skills and reduce tasks that needed to be done."

Ann Porter, Project SEARCH supervisor for the county's Facilities Management Division, worked directly with the graduates.

"They go out of their way and they're hard workers," Porter said. "Sometimes if the county workers would follow them, we'd have it all made."

## FAMU grad stays ahead of the curve with social media

By Jordan Culver  
DEMOCRAT WRITER

In an era where "Google" is a verb and websites are available on calculators, Tracey Walker is staying ahead of the curve, aggressively marketing herself along with what she's selling.

"Social media is absolutely critical to me," the 34-year-old said. "I do not shy away from it."

Since graduating from Florida A&M's School of Business and Industry in 1999, Walker has moved to Atlanta, where she works primarily as a coach for potential Internet marketers.

The sale of goods and services has changed, with Walker more focused on the latter category. Walker provides a service by teaching others what is necessary to survive in Internet marketing. One of her projects, "Be Blog Savvy," teaches viewers how to build a blog from scratch.

Walker's projects utilize social media to their fullest extent. She's a constant presence on Twitter and Facebook with 25,522 followers and 4,747 friends, respectively. Walker also updates her personal blog frequently, has a YouTube channel and has a LinkedIn account.

The websites help her see what her market needs and how she can best fulfill those needs, she said.

"I help people live the life of their dreams," Walker said. "I need social media as a form to connect with people. I genuinely love con-

### FIND TRACEY WALKER ONLINE

- [facebook.com/coachtraceywalker](http://facebook.com/coachtraceywalker)
- @TraceyWalker on Twitter
- [mlmiseasonline.com/](http://mlmiseasonline.com/) (Her personal blog)
- Tracey Walker on LinkedIn



SPECIAL TO THE DEMOCRAT  
Tracey Walker says social media is "absolutely critical" to her success.

necting with people. I love people."

The Chicago native, like many FAMU alumni, credits her alma mater with teaching her business sense inside and outside of the classroom.

"When I got (to FAMU) I was fortunate enough to be a part of a very large Chicago population," she said.

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By Monica West

Democrat writer

It's only the beginning of June, and already Tallahassee has seen sweltering temperatures. With three to four months of summer heat still to come, many people are turning down their thermostats to keep cool.

But for seniors on fixed incomes, the rising cost of utilities can be a problem.

Elder Care Services is asking the community for help. Relying on individual and community donations, ECS purchases fans to dis-

**"Since April 1, we've helped 87 seniors with their utility bills, and costs will keep rising through the June and July heat."**

**GINGER COOKSEY**

in charge of the energy assistance program at Elder Care Services

tribute to seniors and helps them pay their utility bills. The fans can be placed in one room that the seniors can stay in during the hot part of the day to help them stay cool.

More than 55 fans were donated in a month last

year and distributed within weeks. This year, ECS already has received more than 10 calls from seniors asking for help.

"Since April 1, we've helped 87 seniors with their utility bills, and costs will keep rising through the

June and July heat," said Ginger Cooksey, who is in charge of the energy assistance program at ECS.

Seniors face an increased risk from chronic heart and respiratory diseases that make coping with high heat difficult.

"Seniors often suffer from more than one medical condition, making it harder to handle any additional problem," says Sharon Davidson, ECS' director of development. "They don't have the physiological reserves that younger people do."

In addition, the effects

of many medications to treat these illnesses add to the problem. Medications taken to relieve symptoms associated with congestive heart failure, drugs used to lower blood pressure can dehydrate a person quickly during weather.

ECS also encourages seniors to combat heat using other methods, such as taking a cool shower, using the stove less to maintain a cooler temperature, and going to air-conditioned public places for a few hours to keep cool.

**WALKER**

From Page 1

"We began to brainstorm about ways that we could make money."

Ways to make money included bringing Chicago franchises to Tallahassee. Chicago natives were especially interested in bringing their favorite food spots from home.

"We talked about trying to get a Harold's Chicken in Tallahassee," Walker said. "We knew we could make

money if we could get something everyone could enjoy in a college town."

While at school, Walker's tenacity and eagerness to try out new business practices impressed her professors and advisers. Doris Corbett, the former director of public relations for FAMU's business school, said Walker was a "superstar." Eventually, Walker received internship experience in Mexico.

"I never had a minute's worry about her performing well on the assignment," Corbett said. "She was such

a wonderful reflection on SBI. Everything we could hope to teach along with her own business sophistication just rolled her into a dynamite little package."

The FAMU alumna is currently working on the next iteration of "Be Blog Savvy," aptly titled "Be Blog Savvy 2.0," and a new reality television show. She said the details of the show are a secret, but the basic premise will be taking businessmen and businesswomen and helping them to build a brand.

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*Vera Bradley*

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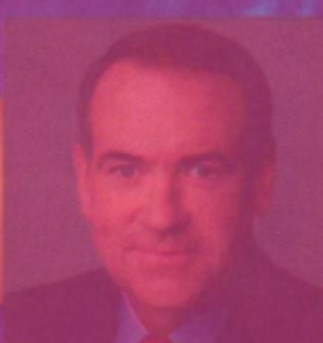
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